

# *Nómadas Sonoros*

الرحالة الصوتيون

Transverse Flute and Qanun

We invite you to explore the profound versatility of two instruments born from distinct musical traditions.

The luminous strings of the qanun and the intense, expressive sounds of the transverse flute intertwine in an immersive dialogue between East and West, rooted in the essence of traditional Middle Eastern music.

Each piece becomes a sonic narrative, evoking universal emotions and shared human experiences, reminding us of the invisible bonds that connect us beyond borders.





*Artist*

*Dr. Noura Al Mazrouei*

## Dr. Noura Al Mazrouei

An Emirati writer and researcher, she holds a PhD in Gulf Studies from the University of Exeter, United Kingdom, and a Master's degree in Middle Eastern Studies from the University of Arizona, USA. She worked in the academic field before dedicating herself to developing her research and creative path in the arts, particularly in music, dance, and performing arts.

She is a musician a Qanun player, having received her musical training at the House of Oud( Bait Al Oud) – Qanun Department, founded by the world-renowned artist Nasir Shamma, and also studied at the Fujairah Academy Fine Arts (Qanun Department). She has participated in numerous musical performances both within the UAE and internationally, representing the country at cultural and artistic events in Arab and Western nations.

She is active in research and writing on culture and the arts, and has published a book titled “Healing Through Music.” She is currently preparing a book entitled “Dance of the Souls,” which examines and analyzes women's experiences in group dance and its impact on improving quality of life and mental health. She has also published several research and cultural articles in specialized newspapers and journals.

Currently, she works as a certified fitness trainer specializing in performing arts, offering programs and courses in therapeutic dance, focusing on its effects on women's mental health and mood. Her approach frames creative practice as a means of releasing negative energy, enhancing body awareness, and supporting self-confidence.

كاتبة وباحثة إماراتية، حاصلة على درجة الدكتوراه في الدراسات الخليجية من جامعة اكستر بالمملكة المتحدة البريطانية، ودرجة الماجستير في دراسات الشرق الأوسط من جامعة أريزونا في الولايات المتحدة الأمريكية. عملت في المجال الأكاديمي الجامعي، قبل أن تتفرغ لتطوير مسارها البحثي والإبداعي في مجال الفنون، ولا سيما الموسيقى، والرقص، وفنون الأداء الحركي تُعد عازفة متخصصة على آلة القانون، حيث تلقت تدريبها الموسيقي في بيت العود العربي – قسم القانون الذي أسسه الفنان العالمي نصير شمه، كما درست في أكاديمية الفجيرة للفنون الجميلة (قسم القانون). شاركت في العديد من العروض الموسيقية داخل دولة الإمارات وخارجها، وأسهمت في تمثيل الدولة في محافل ثقافية وفنية في دول عربية وغربية. تنشط في مجال البحث والكتابة في الثقافة والفنون، ولها كتاب منشور بعنوان «التشافي بالموسيقى»، وتعمل حاليًا على إعداد كتاب بعنوان «رقصة الأرواح»، الذي يتناول بالدراسة والتحليل تجارب نسائية في الرقص الجماعي، وتأثيره في تحسين جودة الحياة والصحة النفسية. كما نشرت عددًا من المقالات البحثية والثقافية في الصحف والمجلات المتخصصة.

وتعمل حاليًا مدرّبة رياضية معتمدة ومتخصصة في فن الأداء الحركي، وتقدّم برامج ودورات تدريبية في الرقص العلاجي، مع التركيز على أثره في الصحة النفسية والمزاجية للمرأة، بوصفه ممارسة إبداعية تسهم في تحرير الطاقات السلبية، وتعزيز الوعي الجسدي، ودعم الثقة بالذات.



*Artist*

*Lic. Natalia Oddi Vergnani*

## Lic. Natalia Oddi Vergnani

Natalia Oddi Vergnani is a Costa Rican–Italian flutist whose artistry bridges classical excellence with intercultural exploration. Born in Costa Rica in 1990, she began studying the transverse flute at the age of nine at the Escuela de Artes Musicales of the University of Costa Rica. In 2013, she earned her Bachelor’s Degree with highest honors from the University of Costa Rica. That same year, she was admitted to the prestigious Giuseppe Verdi Conservatory of Milan, where she completed a Master’s Degree in 2016, followed by a Mastering Specialization. Her chamber music excellence was recognized when she won First Prize (Quintet Category) at the National Chamber Music Competition for Young Musicians.

Natalia’s orchestral career developed early at an international level. In 2011, she was appointed Principal Flute of the Central American Youth Orchestra in Guatemala. In 2012, she won the position of Principal Flute at the Alfredo Saint-Malo International Music Festival Orchestra in Panama, and in the same year she was awarded First Prize in the Honor Competition of the Escuela de Artes Musicales at the University of Costa Rica.

Alongside her classical career, Natalia has cultivated a strong interest in musical dialogue between cultures. From 2019 to 2023, she was a member of the ensemble *The Other Winds*, with whom she recorded a CD dedicated to Middle Eastern repertoire and performed extensively throughout Italy. She has also collaborated repeatedly with the Pianolink Orchestra and served for five years as Principal Flute of the Brianzaclassica Orchestra.

With over 15 years of teaching experience, Natalia is deeply committed to pedagogy. Drawing on her multicultural background and artistic research, she developed her own teaching approach, *“The Third Way of Sound”*, a method that integrates technical rigor, listening awareness, and personal expression. In 2026, she founded *“Harmony Beyond Borders Foundation”*, an international cultural initiative dedicated to fostering intercultural dialogue through music. For Natalia, the study of music is not only a path to instrumental mastery, but also a powerful tool for self-discovery, inner listening, and the exploration of sound as consciousness.